



A Hair Loss Solution - A Trichology Clinic
 c/o Body, Soul and Spirit Salon
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Personal Hair Care Profile (Trichology)

Date _____ Client Name _____ ID# _____


Observation Of Hair Condition

Look _____ Feel _____ Sound _____ Smell _____ virgin relaxer texturizer
 permanent wave tinted rinsed lightened streaked colored faded dry oily sun-bleached _____% gray Other _____

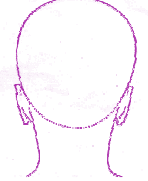
Hair Quality

<u>FORM</u>	<u>TEXTURE 1</u> Diameter	<u>TEXTURE 2</u> Feel	<u>LENGTH</u>	<u>POROSITY</u>	<u>ELASTICITY</u>	<u>DENSITY</u>
Flat (super curly)	Coarse	Soft	Short 1"-14"	Good	Good	Thin
Semi-oval (curly)	Medium	Silky	Medium 14 1/2" -20"	Moderate (normal)	Normal	Medium
Oval (wavy)	Fine	Wiry	Long 20 1/2" to 26"	Poor (resistant)	Poor	Thick
Round (straight)	Very Fine	Damaged	Extra Long 26 1/2" + _____"			


Damaged Hair & Scalp Area(s)




FRONT



BACK



RIGHT



LEFT

Crown _____

Occipital _____

Nape _____

Ends _____

Other Area(s)

Hair Characteristics & Concerns

► What are your common hair problems?

- | | | | | | | |
|--------------|------------|--------------|----------|------------|-----------------|------------------|
| Too soft | Dull | Gray hair | Limp | Split ends | Won't grow long | Dry, itchy scalp |
| Too straight | Too curly | Dry | Frizzy | Hair loss | Sensitive scalp | Won't hold curls |
| Wet & drippy | Puffy hair | Uneven color | Breakage | Thinning | Flaky scalp | |

► What do you want to achieve with your hair?

- | | | | | | |
|--------------|---------------|---------------------|--------------------------|---------|----------------|
| Thick & full | Shiny | Holds a curl | Styled straight or curly | Curly | Soft & silky |
| Wavy | Doesn't frizz | Easy to style | Is long | Healthy | Looks natural |
| Straight | Smooth | Doesn't feel greasy | Lots of body | Strong | Styled quickly |

Personal Hair Care Profile

(continued)

Client First Initial & Last Name _____ Client ID# _____

Hair Characteristics & Concerns (continued)

▶ What do you do to control or treat flaky or dry scalp?

Not a problem Grease Astringent Shampoo frequently Hot oil scalp Hot oil hair Lift/comb out flakes Do nothing Other _____

Hair Styles & Maintenance Routines

▶ When was the last time & how often?

▶ When was your last salon/barber visit? _____ ▶ Are you? Happy with the length Wish it were longer Wish it were shorter

▶ If you dry your hair at home after shampooing, how? Dry naturally Hooded dryer Blow dry Don't do it myself

▶ What would you say are the main reasons why you wear your hair in the style that you do currently?

Easy to style/convenient	Look younger	Dislike chemicals	Repairing damaged hair
Saves money/cost less to maintain	Unique/stands out	Growing locs	Lots of compliments
Popular hairstyle	Pride in heritage	Versatile/different looks	Do it yourself
Fits work/school	Healthier for hair	Looks natural	Can shampoo more often
Swimming/exercising	Less time in morning	Other _____	

▶ Which product or process do you typically use on you hair to maintain your current hairstyle at home?

Relaxer/Texturizer	Clarifying Shampoo	Curl Activator	Wax	Hot Curlers
Trimming	Neutralizing Shampoo	Liquid Lubricant	Pomades	Wrap at night (dry)
Hair Color	Rinse Conditioner	Scalp Oil	Setting Lotion	Wrap Set (wet)
Rubber Bands	Deep Conditioner	Holding Gel	Twist	Flat Iron (electric)
Hair Clips/Barrettes	Hot Oil Treatment	Holding Spray	Braid	Flat Iron (stove-heated)
Sleeping Attire	Special Treatments	Sheen Spray	Locs/Dreads	Curling Iron (electric)
Moisturizing Shampoo	Moisturizer Lotion	Gloss Spray/Polish	Wet Roller Set	Curling Iron (stove-heated)
Color-Enhancing Shampoo	Grease	Mousse	Dry Roller Set	

▶ What chemicals do you have right now? Relaxer Straightener Texturizer Curl/Body/Permanent Wave Permanent Hair Color/Lightener None

Shampoo & Condition

▶ The last shampoo & condition? _____ How often? _____ Where you have it done? _____

▶ Please explain your shampoo and conditioning process _____

Hot Oil/Other Treatment

▶ The last hot oil/other treatment? _____ How often? _____ Where you have it done? _____

▶ The main reasons why you hot oil/other treatment your hair? _____

▶ Please explain your hot oil/other treatment process _____

Personal Hair Care Profile

(continued)

Client First Initial & Last Name _____ Client ID# _____

Maintenance Trim

- ▶ The last maintenance trim? _____ How often? _____ Where you have it done? _____
- ▶ The main reasons why you trim your hair? _____
- ▶ Please explain your maintenance trim process _____

Cut/Hair Shaping

- ▶ The last cut/hair shaping? _____ How often? _____ Where you have it done? _____
- ▶ Planning to continue wearing a cut/hair shaping or transitioning to a different hairstyle? _____
- ▶ The main reasons why you use a wear a hair cut/hair shaping? _____
- ▶ Please explain your cut/hair shaping process _____

Braids or Locs

- ▶ The last braids or locs? _____ How often? _____ Wearing for how long? _____
- ▶ Where you have it done? _____
- ▶ Planning to continue wearing braids or locs long term or transitioning to a different hairstyle? _____
- ▶ The main reasons why you wear braids or locs? _____
- ▶ Please explain your braids or locs process _____

Weave/Interlocks

- ▶ The last weave/interlocks? _____ How often? _____ Wearing for how long? _____
- ▶ Where you have it done? _____
- ▶ Planning to continue wearing a weave/interlocks long term or transitioning to a different hairstyle? _____
- ▶ The main reasons why you wear a weave/interlocks? _____
- ▶ Please explain your hair weave/interlocks process _____

Curl/Body/Permanent Wave

- ▶ The last curl/body/permanent wave? _____ How often? _____ Using for how long? _____
- ▶ Where you have it done? _____
- ▶ Planning to continue wearing a curl/body/permanent wave long term or transitioning to a different hairstyle? _____
- ▶ The main reasons why you use a curl/body/permanent wave? _____
- ▶ Please explain your curl/body/permanent wave process _____

Personal Hair Care Profile

(continued)

Client First Initial & Last Name _____ Client ID# _____

Relaxer Usage

- ▶ The last relaxer? _____ How often? _____ Using for how long? _____
 - ▶ Where you have it done? _____
 - ▶ Planning to continue wearing a relaxer long term or transitioning to a different hairstyle? _____
 - ▶ The main reasons why you use a relaxer? _____
 - ▶ Please explain your relaxer process _____
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Straightener Usage

- ▶ The last straightener? _____ How often? _____ Using for how long? _____
 - ▶ Where you have it done? _____
 - ▶ Planning to continue wearing a straightener long term or transitioning to a different hairstyle? _____
 - ▶ The main reasons why you use a Straightener? _____
 - ▶ Please explain your straightener process _____
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Texturizer Usage

- ▶ The last texturizer? _____ How often? _____ Using for how long? _____
 - ▶ Where you have it done? _____
 - ▶ Planning to continue wearing a texturizer long term or transitioning to a different hairstyle? _____
 - ▶ The main reasons why you use a texturizer? _____
 - ▶ Please explain your texturizer process _____
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Temporary Rinse/Cellophane Hair Color Usage

- ▶ Last hair coloring treatment? _____ How often? _____ Color(s)? _____
 - ▶ Using for how long? _____
 - ▶ Where you have it done? _____ How long you wait in between hair color and another chemical process? _____
 - ▶ Planning to continue wearing existing hair color long term or transitioning to a different hair color? _____
 - ▶ The main reasons why you use a hair color? _____
 - ▶ Please explain your hair color usage process _____
-
-
-

Personal Hair Care Profile

(continued)

Client First Initial & Last Name _____ Client ID# _____

Semi/Demi-Permanent Hair Color Usage

- ▶ Last hair coloring treatment? _____ How often? _____ Color(s)? _____
 - ▶ Using for how long? _____
 - ▶ Where you have it done? _____ How long you wait in between hair color and another chemical process? _____
 - ▶ Planning to continue wearing existing hair color long term or transitioning to a different hair color? _____
 - ▶ The main reasons why you use a hair color? _____
 - ▶ Please explain your hair color usage process _____
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-
-

Permanent Hair Color Usage

- ▶ Last hair coloring treatment? _____ How often? _____ Color(s)? _____
 - ▶ Using for how long? _____
 - ▶ Where you have it done? _____ How long you wait in between hair color and another chemical process? _____
 - ▶ Planning to continue wearing existing hair color long term or transitioning to a different hair color? _____
 - ▶ The main reasons why you use a hair color? _____
 - ▶ Please explain your hair color usage process _____
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-

Highlights/Frosting/Tipping/Bleaching Usage

- ▶ Last hair coloring treatment? _____ How often? _____ Color(s)? _____
 - Using for how long? _____
 - ▶ Where you have it done? _____ How long you wait in between hair color and another chemical process? _____
 - ▶ Planning to continue wearing existing hair color long term or transitioning to a different hair color? _____
 - ▶ The main reasons why you use a hair color? _____
 - ▶ Please explain your hair color usage process _____
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